MONDAY	NHS Respiratory Pulmonary Clinic	09:00am Emma Grist Pilates	10am StudioNDance Toddlers	11am PW Community Voices	1pm Yogini with Leila	1:15pm Great Strides	1:30pm Meditation & Mindfulness	4:30pm Mobilates	6pm PW Youth Council (monthly)	6pm Zumba	6:30pm Studio N Dance Adults	7pm Jungle Body
TUESDAY	9:45am Hartbeeps Toddler - 4 years	09:30am Mobilaties Accessible Pilates	10:45am Hartbeeps Sitting-walking	10:45am Mobilaties Seated Pilates	12pm Hartbeeps Newborn-sitting	1pm Hotshotz Tennis - SEN Adults	5:30pm Slimming World	5:15pm Mobilates Accessible Pilates	6:30pm Adult Yoga with Anita	7pm Slimming World	7:30pm Rei Judo - Adults	
WEDNESDAY	9:30am Slimming World	9:30am Stay & Play 0-4 years	11:15am Intermediate Body Control Pilates	1pm Hotshotz Tennis - For Parkinsons	6pm 5th Paddock Wood Guides	6pm Big Yoga Collective	6:30pm Tonbridge Spiritualist Church	7pm Paddock Wood AC Strength (fortnightly)	8pm 108 Yoga			
THURSDAY	9:45am Monkey Music 12months +	9:45am Bud Yoga	10:30am Monkey Music 3 months +	NHS Respiratory Pulmonary Clinic	5:15pm Mobilates Accessible Pilates	6:30pm Move with Ease	7pm Bud Yoga	7:45pm Move with Ease	8pm PW Community Voices			
FRIDAY	9:30am 108 Yoga	10am Lyengar Yoga	10:30am StudioNDance Toddlers	11:15am StudioNDance Adults	12:30pm Breathless & Friends Choir	4:45pm Rei Judo - Kids	7pm PW Rangers (fortnightly)	7pm Empowered by Freedom (monthly)				
SATURDAY	9am Hotshotz Tennis Adults	9:15am Yoga with Anita	10am Hotshotz Tennis 4-9yrs	10:50am Tots In Sport 1.5yrs - 2.5yrs	11am Hotshotz Tennis 10yrs	11:20am Tots In Sport 2.5yrs - 5yrs	12pm Hotshotz Tennis Adults	AVAILABLE FOR PRIVATE HIRE				
SUNDAY	9:30am PW Baptist Church	AVAILABLE FOR PRIVATE HIRE										